

## TAKE CARE LYRICS

### 1)Myself, The Others, The Stuff

What can I do to show I care?  
Who can I be? How can I share?  
Three simple things straight from the heart  
Will show the world I do my part

Take care of myself  
Take care of the others  
Take care of the stuff  
Three things are enough

To fill the world  
With lots of love  
Myself, the others, the stuff

When everyone does these three things  
We'll feel the joy togetherness brings  
We'll share the work. We'll share the play  
We'll share the dawn of a brighter day

Take care of myself  
Take care of the others  
Take care of the stuff  
Three things are enough

To fill the world  
With lots of love  
Myself, the others, the stuff

## **2) That Friend, My Friend, Is You**

A friend is someone I play with  
A friend works together  
A friend is there to stand by my side  
Through sunny and stormy weather

A friend is someone I share with  
A friend has things to try on  
A friend is there to make laugh  
And has a shoulder to cry on

A friend stops and listens  
A friend takes time to care  
A friend is someone to count on  
In hard times to be there

A friend is someone who's honest  
A friend says what's true  
A friend means everything to me  
And that friend, my friend is you

A friend is someone who sees me  
A friend is like a mirror  
A friend is my reflection  
So I can see clearer

A friend is someone who's honest  
A friend says what's true  
A friend means everything to me  
And that friend, my friend is you

### **3) A Little Bit Different, a Lot the Same**

A little bit different, a lot the same  
When I know the person behind the name  
The way is always better when we walk it together  
A little bit different, a lot the same

A mind that thinks – a little bit different  
Two eyes that blink – a lot the same  
Hair that grows – a little bit different  
A nose that blows – a lot the same

Elbows, knees, fingers and toes  
The more I get to know you  
The more it shows, that we're

A little bit different, a lot the same  
When I know the person behind the name  
The way is always better when we walk it together  
A little bit different, a lot the same

News to share – a little bit different  
Hearts that care – a lot the same  
Taste and style – a little bit different  
A great big smile – a lot the same

There when you call to soften the fall  
Now that we're together, hey  
We've really got it all, 'cause we're

A little bit different, a lot the same  
When I know the person behind the name  
The way is always better when we walk it together

A little bit different...  
A little bit different, a lot...  
A little bit different, a lot the same

#### **4) Give Thanks, Take Care**

**Living is a lesson in give and take  
The kind of day I get is the one I make  
So I show my gratitude for all we share  
Give thanks. Take care.**

**I take care of the things I said I would do  
I give thanks for the things I get from you  
I take time to listen and help a friend  
I give back a smile and watch it come around again**

**Living is a lesson in give and take  
The kind of day I get is the one I make  
So I show my gratitude for all we share  
Give thanks. Take care.**

**I take care of a friend who needs a hand  
I give thanks for the way you understand  
I take time to rest and meet my needs  
I give back to the earth when I plant new seeds**

**Living is a lesson in give and take  
The kind of day I get is the one I make  
So I show my gratitude for all we share  
Give thanks. Take care.**

## **5) Power In Me and You**

### **CHORUS:**

I am somebody, somebody, somebody who  
Can step up and speak out and can stand by you  
I can help, I can care, I have the power to be  
The change in the world that I want to see

You are somebody, somebody, somebody who  
Can step up and speak out and can stand by me too  
You can help, you can care, you have the power to be  
The change in the world that you want to see

### **BRIDGE:**

Power grows strong  
Power grows bright  
Each time somebody discovers their power  
And chooses to shine their light

### **VERSES:**

Gandhi taught peace, said the time has come  
We may have differences and still be One  
The Power in Gandhi grew and grew  
So can the power in me and the power in you

Rosa said "No" and became a Spark  
Mother of Freedom, a light in the Dark  
The Power in Rosa grew and grew  
So can the Power in me and the power in you

Teresa could see there was work to be done  
She reached out with her heart and her hands and begun  
The power in Teresa grew and grew  
So can the power in me and the power in you

Chorus

## **6) I've Got A Booboo**

CHORUS:

I've got a booboo. How about you?  
You've got a booboo? Me too.  
Sometimes we get hurt with all the things we do  
I've got a booboo. How about you?

Got a bump or a scrape?  
I know how you feel  
Keep it clean and protected  
So it can heal

As careful as we are  
It still happens anyway  
Someone gets another one everyday

CHORUS: repeat chorus

Got a cut or a bruise?  
Believe me, I've been there  
From running in to things  
When I wasn't aware

As careful as we are  
It still happens anyway  
Someone gets another one everyday

CHORUS: repeat chorus

## **7) I'll Be There!**

When you're standing on life's playground, feeling all alone  
If you're looking for a friend to call your own

I'll be there...cause I care  
I'll be there! I'll be there!  
Be there to stand by you, be there to see you through  
You can count on me through everything you do – I'll be there!

When you're feeling the ups and downs  
On the teeter totter of life  
I'll be the friend the on the other end  
That makes the balance right

You can climb the ladder to the top  
I'll be waiting when you slide back down  
It may feel like you're going in circles  
But when the carousel comes around

I'll be there...cause I care.  
I'll be there! I'll be there!  
I'll work to understand! And lend a helping hand!  
I'll lend a listening ear. I'll be your biggest fan!  
I'll be there!

When it's hard to get things in motion  
I'm the friend who will push your swing  
When you're feeling big emotions  
I know the song to sing

When your search for happiness feels like  
A game of hide and seek  
Count to ten, then open your eyes  
I'm the first thing you'll see

I'll be there...cause I care.  
I'll be there! I'll be there!  
Be there to stand by you, be there to see you through  
You can count on me through everything you do – I'll be there

## **8) Words for My Emotions #1**

Chorus:

I've got words for my emotions  
They flow through me like waves on the ocean  
Every day I learn to say  
The words for my emotions

I feel frustrated. Uncomfortable and upset  
When I really want to go and it's not my turn yet  
When I want something bad, but don't get to take it  
When I'm misunderstood, when I try but don't make it  
I feel frustrated

I feel excited. Comfortable, energy, delight  
When something's about to happen that I really like  
I've been working and it's all about to turn out right  
I see someone that I love. A friend gets to spend the night  
I feel excited

I feel sorry. I was wrong and someone got hurt  
I should have been kind, used gentle actions and words  
But I didn't. I'm uncomfortable and suck here with it  
Until the person I hurt hears these words from me,  
I feel sorry

Chorus: repeat chorus

I feel worried. Unsure, don't know how it's going to be  
What's going to happen next, what's going to happen to me?  
Will I be safe? What about my friends and family?  
Uncomfortable not knowing the end of the story  
I feel worried

I feel grateful. Thanks, gratitude for what I have  
For clothes and food and friend that make me laugh  
For the stars above me, all the people that love me  
For the work and the play, it's comfortable to say  
I feel grateful



I feel loved. Comfortable, happy, safe  
The feeling in my heart matches the smile on your face  
It was here at the beginning and will be until the end  
The precious gift I get from teachers, family and friends  
I feel loved

Chorus: repeat chorus

## **9) Sadako's Song**

One thousand paper cranes  
One thousand good luck wishes  
One thousand folds and bends  
One love that will not end  
One thousand paper cranes  
One thousand good luck wishes

One thousand lights on the water  
One thousand lights in the sky  
One thousand children singing  
Love is the light inside  
One thousand folds and bends  
One love that will not end

This is our cry  
This is our prayer  
Peace to the world – peace everywhere  
This is our cry  
This is our prayer  
Peace to the world  
Peace

## **10) My Hand in Your Hand**

My hand in your hand  
Your hand in my hand  
Your plan with my plan  
My hand in your hand

My voice with your voice  
Your voice with my voice  
Your choice with my choice  
My voice with your voice

You and me  
Together we  
Live to be  
Alive and free

My hand in your hand  
Your hand in my hand  
Your plan with my plan  
My hand in your hand

## **11) Many Voices, One Song**

Many voices, one song

I lift my voice I sing along

Hear my melody sweet and strong

Every one is different. Every one belongs

Many voices, one song

## **12) All The Same Inside**

Sometimes I think about those people I don't know and wonder  
They seem so different but something tells me maybe under  
The outside, they could be like me

All the same inside. Inside, all the same.  
Do they try and grow, learn and know  
After all that's different, beyond all we try to hide  
Are we all the same inside?

Sometimes I think that it's the way I think that needs adjusting  
But if we reach out and show some faith and trust  
Then maybe, just like us, they could be

All the same inside. Inside, all the same.  
Do they take and give, love and live  
After all that's different, beyond all we try to hide  
Are we all the same inside?

We all have hopes. We all have dreams.  
No matter how far apart we are  
Heart to heart it's closer than it seems

All the same inside. Inside, all the same.  
We all try and grow, learn and know  
After all that's different, beyond all we try to hide  
We're all the same inside.

### **13) You and Me Celebration**

You – one of a kind

Me – the only one you'll find

You plus me – a good situation

We're a "you and me celebration"

You – here with a helping hand

Me – ready to understand

You plus me – what a combination

We're a "you and me celebration"

Chorus:

Unique and fun to be

In meaningful harmony

It's a sweet vibration

A "you and me celebration"

You – willing to work it through

Me – ready to learn from you

You plus me and some imagination

Makes a "you and me celebration"

You – liking the message I sent

Me – loving the way you're different

You plus me – a cool creation

We're a "you and me celebration"

Chorus: repeat chorus

There may be times when the rhythm and rhyme

Don't work quite like we planned

But me and you, we'll sing it through

Heart to heart and hand in hand

Chorus: repeat chorus

You and me, you and me.