

TOUGH STUFF LYRICS

1)Tough Stuff

You want easy or hard? Hey, you know me!
You want easy or hard? Hey, you know me!
You want easy or hard? Hey, you know me!
You want easy or hard? Huh, I want the

Chorus:

Tough Stuff-Deep inside
I've got enough for the
Tough Stuff-Challenges are what I love,
so bring on the
Tough Stuff-Give me something to rise above
Give me, give me, give me
Give me the Tough Stuff

Some people choose the easy way
That's their choice, that's O.K.
But I choose the Tough Stuff when I can
It makes me work, it makes me plan

It takes me to a higher height
Helps me turn the wrong to right
Lifts me to a better place
Check out the smile while I tackle the

Chorus: repeat chorus

Even tough sometimes I lose
The Tough Stuff is what I choose
No matter what, I know that I'm
Getting better every time

I could do just enough to just get by
But someday I'm really gonna have to try
So why not try right now, today
That's why I always say, "Hey, give me the

Chorus: repeat chorus

Bridge:

Reach a little farther

Try a little harder

Work a little longer

Get a lot smarter

Reach, try, work, get

Farther, harder, longer, smarter

You know what I'm thinking of, I said

You know what I'm thinking of, it's the

Chorus: repeat chorus

You want easy or hard? Hey, you know me!

You want easy or hard? Hey, you know me!

You want easy or hard? Hey, you know me!

You want easy or hard? Huh, I want the

Tough Stuff

2) I Keep on Going

Sometimes I get the feeling like
I wanna quit, I wanna quit, I'm tired of it
Sometimes I get the feeling like
I wanna quit
But I keep on going, keep on going

'Cause there's another feeling that
I'm gonna get, I'm gonna get
Yes, I'm sure of it

'Cause there's another feeling
That I'm gonna get
When I keep on going,
Keep on going

I keep on going
I keep on going
I keep on going
I keep on going

3) There's Another Way to Do It-Intro

4) There's Another Way to Do It

There's another way to do it

There's another way to work it out

There's another rhythm to it

There's another way to work it out

5) Celebrate

When I do something great
I like to celebrate
I say, "Yes!" I say, "Woo!"
I say, "See what I can do!"

Celebrate! Celebrate!
I like to celebrate
I'll celebrate with you
I'll celebrate with you

When _____ does something great
_____ likes to celebrate
She/he says, "Yes!" She/he says, "Woo!"
She/he says, "See what I can do!"

Celebrate! Celebrate!
I like to celebrate
I'll celebrate with you
I'll celebrate with you

When we do something great
We like to celebrate
We say, "Yes!" We say, "Woo!"
We say, "See what I can do!"

Celebrate! Celebrate!
We like to celebrate
I'll celebrate with you
I'll celebrate with you

6) Sometimes It Takes a Few Mistakes

Left, left, left, wrong, left

Left, left, left, wrong, left

Sometimes it takes

A few mistakes

To do the things I do

To make my dreams come true

Sometimes it takes

A few mistakes

I try and try and try again

To finally reach the end

I make mistakes

I make mistakes

Sometimes it takes

A few mistakes

Sometimes I really make a mess

To finally do my best

Sometimes it takes

A few mistakes

To do the things I really love

To finally finish up

I make mistakes

I make mistakes

Sometimes it takes

A few mistakes

To do the things I really love

To finally finish up

I make mistakes

I make mistakes

Sometimes it takes
A few mistakes
Look, I made another one
That's the way I get things done

Sometimes it takes
A few mistakes
To do the things I do
To make my dreams come true

I make mistakes
I make mistakes

Left, left, left, wrong, left
Left, left, left, wrong, left

7) I'm Gonna Be Me

A dog doesn't try to be a turtle
A cow doesn't want to be a cat
A fish likes to swim in the water
But a butterfly would never want to do that

Let everybody be who they want to be
I'm gonna be me

A horse doesn't try to quack like a duck
A snake isn't a kangaroo
A worm seems happy being a worm
And digging in the dirt like it loves to do

Let everybody be who they want to be
I'm gonna be me

I like your style, it makes me smile
The way you do what you do
But I'm pursuing a different way of doing
What makes me me, through and through

A mouse doesn't try to be a giraffe
An owl doesn't buzz like a bee
There's beauty in everything we see
Enjoy the difference and set it free

Let everybody be who they want to be
I'm gonna be me
I'm gonna be me
I'm gonna (woof, moo, meow, neigh,
quack, who, buzz) be me.

8) My Mind is Like a Muscle

Chorus:

**My mind is like a muscle
Let's all work out, work out
My mind is like a muscle
Come on work out, work out**

**To work my muscles
I exercise each day
To work my mind
I learn to concentrate**

**My body stays healthy
When I exercise
My mind gets better
Every time it tries**

Chorus: repeat chorus

**When I work my muscles
It might cause a little pain
When I work my mind
I can feel the strain**

**But tomorrow I'll feel better
And the next day even stronger
I can learn concentrate
Longer and longer**

Chorus: repeat chorus

**Whether I'm running
Or learning to read
Strong and steady exercise
Is what I need**

**Whether I'm climbing
Or doing my math
I work it, work it, work it
And give it all I have**

Chorus: repeat chorus

9) I Build Inside

When I'm working silently
I build inside
In my heart where no one sees
I build inside

The feeling that really counts
Comes from the inside out
I choose, I decide
I build inside

When the job is mine to do
I build inside
When I finally see it through
I build inside

Others see it, that's O.K.
On top of what the others say
I choose, I decide
I build inside

Building, building inside
Building, building inside
Building, building inside
Building, building, building, building

When I have to work at it
I build inside
When the puzzle finally fits
I build inside

Just begun or almost done
Rainy day or shining sun
I choose, I decide
I build inside

10) I Can Do It

Hello boys and girls, it's so good to see your face
I love to come to this happy place
Where we sing and laugh and learn and play
Let's put one thumb up, two thumbs up
Point to yourself and say

I can do it, I can do it, I can do it.
I put my heart and my mind to it
And I can do it.

I can tie my shoes, read my books
Sing the alphabet through.
I can write my name, write my numbers
There's tons of things that I can do.
Like being kind to my friends

I can do it, I can do it, I can do it.
I put my heart and my mind to it
And I can do it.

What I tell myself is a powerful thing
It turns night into day, winter into spring
When I start to feel it in my heart
And hear it in my mind,
When I hear it in my mind I find that

I can do it, I can do it, I can do it.
I put my heart and my mind to it
And I can do it. I can do it. I can do it.

11) Slow Groove

There was a race between the turtle and the rabbit
The turtle had his groove but the rabbit didn't have it
The rabbit ran fast then he stopped and looked around
When the turtle passed him up he was sleeping on the ground

The turtle took the track that finally won the race
He set his own pace, and it was a

Chorus:

Slow groove – coming through
Slow groove – in all I do
It's my power move, and it's a
Slow Groove

Verse:

Strong and steady is the way I live
I've got all day long initiative
I tackle the task, I take my time
I use my tools, I make it mine

Call me "Steady Betty", or "Steady Eddie"
Or "Fit to Find my Freedom Freddy"

No matter what it takes, no matter how long
Here's what makes my song, it's a

Chorus: repeat chorus

Verse:

Give me the Tough Stuff, I'll work right through it
With Music in My Mouth, singing I Can Do It
I fly like a butterfly, buzz like a bee
Yo Si Puedo, Mariposa and me

I'm a tree, I'm a kite, I'm a rubber band
I'm LIGHT, I've got One World in my hands
I use Three Rules to plan my day
I make mistakes but I'm Gonna Find a Way

I use Golden Words to share my thoughts
Let's Play; I Can Write Any Song I Want and it's a

Chorus: repeat chorus

12) Up The Mountain

Verse 1

One step starts the journey

Up the mountain, up the mountain, oh

One step starts the journey

Up the hill

One step starts the journey

Up the mountain, up the mountain, oh

I will climb the mountain

Yes, I will

Verse 2 Step by step I'm climbing

Verse 3 Yes, I'm going to make it

Verse 4 I can see forever

Verse 5 There's another mountain

13) I'm Gonna Find A Way

I keep on working till I figure it out
Figure it out, figure it out
I keep on working till I figure it out
I'm gonna find a way

I might have to do it again and again
5-6-7-8-9-10
I might have to do it again and again
But I'm gonna find a way

I keep on working till I figure it out
Figure it out, figure it out
I keep on working till I figure it out
I'm gonna find a way

I might have to turn things inside out
Inside out, inside out
I might have to turn things inside out
But I'm gonna find a way

I keep on working till I figure it out
Figure it out, figure it out
I keep on working till I figure it out

I'm gonna find a way

