

'ANYTHING'S POSSIBLE' LYRICS

1) I'm Gonna Find A Way

I keep on working till I figure it out
Figure it out, figure it out
I keep on working till I figure it out
I'm gonna find a way

I might have to do it again and again
5-6-7-8-9-10
I might have to do it again and again
But I'm gonna find a way

I keep on working till I figure it out
Figure it out, figure it out
I keep on working till I figure it out
I'm gonna find a way

I might have to turn things inside out
Inside out, inside out
I might have to turn things inside out
But I'm gonna find a way

I keep on working till I figure it out
Figure it out, figure it out
I keep on working till I figure it out
I'm gonna find a way

2) I Can Do It

Hello boys and girls, it's so good to see your face
I love to come to this happy place
Where we sing and laugh and learn and play
Let's put one thumb up, two thumbs up
Point to yourself and say

I can do it, I can do it, I can do it.
I put my heart and my mind to it
And I can do it.

I can tie my shoes, read my books
Sing the alphabet through.
I can write my name, write my numbers
There's tons of things that I can do.
Like being kind to my friends

I can do it, I can do it, I can do it.
I put my heart and my mind to it
And I can do it.

What I tell myself is a powerful thing
It turns night into day, winter into spring
When I start to feel it in my heart
And hear it in my mind,
When I hear it in my mind I find that

I can do it, I can do it, I can do it.
I put my heart and my mind to it

And I can do it. I can do it. I can do it.

3) I Stay Peaceful and Calm

Thoughts come and go like clouds in the sky
I stay peaceful and calm
I think them for a moment
Then let them pass away
Like the rising sun turning night to day

Storm clouds gather, rain falls down
Thunder and lightning all around
Reaching higher I break through
Where the sky is always blue
I stay peaceful and calm

Feelings come and go like waves on the sea
I stay peaceful and calm
I feel them for a moment
Then let them pass away
Like the rising sun turning night to day

Strong winds blowing, hurricanes
Waves come crashing again and again
I go deeper and deeper until
The water is still

I stay peaceful and calm
I stay peaceful and calm

4) There's Another Way to Do It

There's another way to do it
There's another way to work it out

There's another rhythm to it
There's another way to work it out

5) Anything's Possible

Chorus:

Anything's possible, anything's possible
Anything's possible, anything's possible
I am growing and I am going so far

With my ability, with my ability
There's possibility, there's possibility
I am dreaming and I am reaching for stars
Anything's possible

I can be a ballet dancer spinning around
I can be a farmer planting seeds in the ground
A voice in a choir, a part of a team
A teacher who is helping little children to read

Chorus: Repeat chorus

I can be an astronaut and fly up in space
I can be a runner in a marathon race
A doctor who heals, a chef who cooks meals
The President of the United States

Chorus: Repeat chorus

6) I Can Write Any Song I Want

I can write any song I want
My life is a melody
I can write any song I want
The music's up to me

On a beautiful day I go outside to play
Feeling alive and free
Kittens and puppies, cats and dogs
Romp around with me

I can write any song I want
My life is a melody
I can write any song I want
The music's up to me

Running fast, bare foot in the grass
Chasing a butterfly
Spinning around making silly sounds
A rainbow paints the sky

I can write any song I want
My life is a melody
I can write any song I want
The music's up to me

7) Sometimes It Takes a Few Mistakes

Left, left, left, wrong, left
Left, left, left, wrong, left

Sometimes it takes
A few mistakes
To do the things I do
To make my dreams come true

Sometimes it takes
A few mistakes
I try and try and try again
To finally reach the end

I make mistakes, I make mistakes

Sometimes it takes
A few mistakes
Sometimes I really make a mess
To finally do my best

Sometimes it takes
A few mistakes
To do the things I really love
To finally finish up

I make mistakes , I make mistakes

Sometimes it takes
A few mistakes
To do the things I really love
To finally finish up

I make mistakes, I make mistakes

Sometimes it takes
A few mistakes
Look, I made another one
That's the way I get things done

Sometimes it takes
A few mistakes
To do the things I do
To make my dreams come true

I make mistakes, I make mistakes

Left, left, left, wrong, left
Left, left, left, wrong, left

8) The Weather Inside is Fine

Sometimes the sun is hot
Sometimes it rains a lot
The weather's gonna change
The weather's gonna change

Sometimes there's a tropical breeze
Sometimes the water's going to freeze
The weather's gonna change
The weather's gonna change

Chorus:

But the weather inside is fine
Sunny and warm all the time
I've got my own weather inside
And the weather inside is fine

Sometimes it's foggy and wet
But here's something you must not forget
The weather's gonna change
The weather's gonna change

The wind may blow and the snow may snow
But it feels like Jamaica where ever I go
The weather's gonna change
The weather's gonna change

Chorus: repeat chorus

Bridge:

Through the wind and the rain I don't complain
I just walk on through
No need to frown, nothing gets me down
Inside my skies are blue

Chorus: repeat chorus

9) Stop and Think

Once there was a rabbit that always rushed in
He only thought of himself
He messed things up, he knocked things down
He never thought of anyone else

Then along came a slow turtle
She felt like hiding her head
Then she turned to the rabbit
And very politely said

Stop and think (Stop and think)
Look and see (Look and see)
What's Going On (What's going on)
What about me (What about me)

Can I work with you (Can I work with you)
Can I read that book (Can I read that book)
Is there room for me (Is there room for me)
Can I stay and look (Can I stay and look)

Stop and think (Stop and think)
Look and see (Look and see)
What's Going On (What's going on)
What about me (What about me)

10) Myself, The Others, The Stuff

What can I do to show I care?
Who can I be? How can I share?
Three simple things straight from the heart
Will show the world I do my part

Take care of myself
Take care of the others
Take care of the stuff
Three things are enough

To fill the world
With lots of love
Myself, the others, the stuff

When everyone does these three things
We'll feel the joy togetherness brings
We'll share the work. We'll share the play
We'll share the dawn of a brighter day

Take care of myself
Take care of the others
Take care of the stuff
Three things are enough

To fill the world
With lots of love
Myself, the others, the stuff

11) I Can Count On You

1- 2 - 3, I can count on you
4 - 5 - 6, I can count on you
For all I need to make it through
7 - 8 - 9 - 10, I can count on you

1- 2 - 3, I can count on you
4 - 5 - 6, I can count on you
For all I need to make it through
7 - 8 - 9 - 10, I can count on you

1, you're lots of fun
2, here's for all you
3, you give your love to me
4, who could ask for more

5, I'm glad you're alive
6, for all you fix
7, you're a piece of heaven
8, you're great
9, glad your mine
10, I can count on you again and again

1- 2 - 3, I can count on you
4 - 5 - 6, I can count on you
For all I need to make it through
7 - 8 - 9 - 10, I can count on you

12) One World

I'm part of a family
Part of a community
Part of a country
From sea to shining sea

I'm part of a group of friends
A circle that never ends
Going round and round and round
And round and round again

I'm part of one world
I'm part of a family
I'm part of one world
One world for me

I see the whole world in your eyes
The brown of the earth, the blue of the skies
The green of the grass beneath my feet
The black of the starry night

We're all part of the whole
The answer's in our sight
Through the windows of the soul
We see a world that's right

I'm part of one world
I'm part of a family
I'm part of one world
One world for me

You may not have the same skin or hair
You may not wear the same clothes
But I'll sing until everyone's aware
That we share the same sun,
we drink the same water
We're on the same earth no matter where we go

I'm part of one world
I'm part of a family
I'm part of one world
One world for me

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Also available in bi-lingual (English-Spanish) on UN-MUNDO, ONE WORLD
Lesson Plans Available in the SONGS OF RESILIENCE Resource Manual

13) Hello Sky, Hello Earth

Hello sky, Hello earth
Eyes to the front, feet to the back
Belly to the ground, heart to the sky
Bottom in the air

Breathe in, breathe out (x3)

Feet to hands, eyes to the front
Hello earth, hello sky
I am a mountain high

Breathe in, breathe out (x3)

14) Up The Mountain

Verse 1

One step starts the journey

Up the mountain, up the mountain, oh

One step starts the journey

Up the hill

One step starts the journey

Up the mountain, up the mountain, oh

I will climb the mountain

Yes, I will

Verse 2 Step by step I'm climbing

Verse 3 Yes, I'm going to make it

Verse 4 I can see forever

Verse 5 There's another mountain

15) I CAN SETTLE DOWN

I can settle, I can settle, I can settle down
I can settle, I can settle, I can settle down
I can settle, I can settle, I can settle down

I can crank it, I can crank it, I can crank it up
I can crank it, I can crank it, I can crank it up
I can crank it, I can crank it, I can crank it up

I can settle, I can settle, I can settle down
I can settle, I can settle, I can settle down
I can settle, I can settle, I can settle down

I can keep it steady
I can keep it steady
I can keep it, I can keep it,
I can keep it steady

I can settle, I can settle, I can settle down
I can settle, I can settle, I can settle down
I can settle, I can settle, I can settle down

16) Sing Me a Dance, Dance Me a Song

Sing me a dance, dance me a song
Let your voice dance the rhythm
Of learning and living
As the words in your feet sing along

Symphonies, small as a whisper
Baby ballet, big and strong

Each sound, every movement
It's your turn to do it
Sing me a dance, dance me a song

Tell me a painting, Paint me a story
Paint every word, till the colors are heard
And the story's a picture before me

Fairy tales, purple and pink
Red, white and blue in a blaze of glory
Every rainbow, each chapter
Until ever after
Tell me a painting, paint me a story

Taste the sun
Catch the scent of the stars in the sky
Find the fun
In the magical, musical, danceable, colorful
Wonder of life that you are
I'll come along as you

Tell me a painting, paint me a story
Sing me a dance, dance me a song